

# TURIN SCHOOL of PSYCHOPATHOLOGY

**Directors** Gianni Francesetti Michela Gecele Jan Roubal

## From Tradition to Growing Edges

The School offers an approach to psychopathology from a phenomenological and Gestalt therapy perspective. It represents an original and unique combination of the European tradition of phenomenological psychopathology and of contemporary Gestalt Therapy theory applied to clinical practice. Psychopathology is explored from the roots of these traditions and developed towards the edges of a radical relational perspective.

## Field Theory and Process of Change

We consider psychopathology as a field phenomenon emerging in the session and aiming towards transformation in the process of therapy. Clinical sufferings and symptoms are expressions of different ways of being absent in the situation. Therapy, consequently, is the art of presence and supports the forces acting in the field and moving towards transformation.

## New Directions in Clinical Practice and Social Commitment

This understanding deeply impacts the therapeutic work and opens up new ways of meeting the client and of approaching clinical situations, emerging feelings and the therapist's interventions. Since individual suffering is indissolubly entangled with the wider field, the social dimension becomes the necessary ground to understanding the clinical phenomena and, conversely, therapy becomes the crucible to foster the social change.

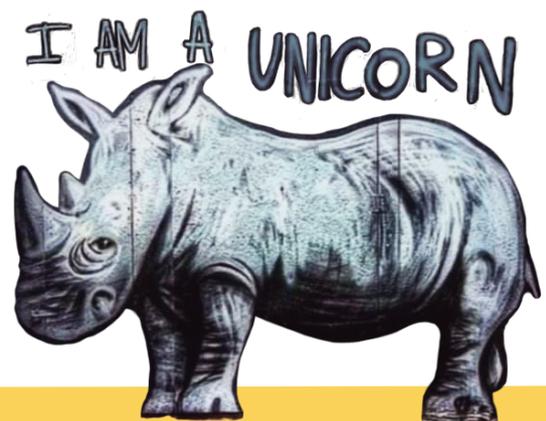
## ONLINE PROGRAM: PHENOMENOLOGICAL-GESTALT PSYCHOPATHOLOGY

The program is organized in online monthly seminars: lectures followed by discussion in small groups and then by a Q&A (Questions and Answers) session. They critically address the topics from the historical, nosographic and diagnostic perspectives. The phenomenological and Gestalt understanding of every specific suffering is explored from a field theory perspective.

The first part of the program addresses the main psychopathological forms (that we call *weathers*), whereas the second part focuses on the personality dimensions and adjustments (that we call *landscapes*). The seminars of the second part are led by two trainers in order to enrich the presentation from different perspectives.

### Structure of the online seminars:

16:00 - 17:30	Lecture
17:30 - 17:45	Break
17:45 - 18:45	Discussion in small groups
18:45 - 19:00	Break
19:00 - 20:00	Q&A



# PART 1: WEATHERS

## FOUNDATIONS AND FORMS OF PSYCHOPATHOLOGY

The first part of the program explores the fundamentals of psychopathology and the specific clinical sufferings. Each seminar is led by one trainer.

Trainers: Gianni Francesetti, Michela Gecele, Peter Philippson, Jan Roubal, Maya van Zelst

## FUNDAMENTS OF PSYCHOPATHOLOGY

September 14th, 2022

## PANIC DISORDER

October 26th, 2022

## DEPRESSIVE EXPERIENCES

November 10th, 2022

## MANIC EXPERIENCES

December 1st, 2022

## OBSESSIVE-COMPULSIVE EXPERIENCES

January 11th, 2023

## ADDICTIONS

January 25th, 2023

## EXPERIENCES OF SCHIZOPHRENIC SPECTRUM

February 15th 2023

## ANOREXIA AND BULIMIA

March 22nd 2023

## PHOBIAS

April 6th 2023

## LONG TERM POST-TRAUMATIC EXPERIENCES

May 11th 2023

## FROM PERSONALITY FUNCTION TO PERSONALITY DIMENSIONS AND DISORDERS (AND BACK)

September 2023

## NARCISSISTIC DIMENSION

October 2023

## HYSTERICAL DIMENSION

November 2023

## SCHIZOID DIMENSION

December 2023

## PSYCHOPATHIC DIMENSION

January 2024

## BORDERLINE DIMENSION

February 2024

## LANDSCAPES OF FEAR: OBSESSIVE, PHOBIC, PANIC, HYPOCHONDRIAC, DEPENDENT DIMENSIONS

March 2024

## WHEN SHAME COMES AS A WEATHER

April 2024

## SUICIDAL WEATHER

May 2024

# PART 2: LANDSCAPES

## INTERACTIONS OF SUFFERINGS, PERSONALITY DIMENSIONS AND CLINICAL COMPLEXITY

The second part explores the intersections of the main personality dimensions with specific clinical sufferings (for example the hysterical dimension and psychosomatics, depression, panic disorder, etc.) and some special clinical situations. When meeting the client, indeed, we find a very complex and unique combination of personality styles, symptoms, ways of being and suffering. It is important not only to recognize the forms of sufferings (*weathers*) but also the ways these forms appear in different situations and personalities (*landscapes*).

# RESIDENTIAL: APPLICATION OF THEORY AND PRACTICE

**The residential workshop is** a yearly international group, both theoretical and experiential. It addresses psychopathology from the field theory perspective and it is led by the three directors together. From theoretical stimuli, dialogue and experiential work, we explore the growing edges of our understanding of human suffering and growth, in order to support the development of a Field Based Clinical Practice. **In the morning** we work all together stimulated by inputs from the trainers, **in the afternoon** we work in three subgroups, each with a trainer and a different focus: supervision, personal resonances, and development of therapeutic competences. Supervision and discussion of clinical cases are a central part of the methodology, in order to link the theoretical understanding with both personal experiences and professional competences.

*The schedule offers the possibility to slow down and pause, to enjoy personal meetings with colleagues from all over the world, to explore the silence and the nature, to appreciate the beauty of the Italian landscapes and cuisine.*

**Pieve Tesino (Italy), April 28th- May 5th 2023**