

TURIN SCHOOL of PSYCHOPATHOLOGY

Italy and Czech Republic
2021 - 2022

Directors: Gianni Francesetti Michela Gecele Jan Roubal

From Tradition to Growing Edges

The School offers an approach to psychopathology from a phenomenological and Gestalt therapy perspective. It represents an original and unique combination of the European tradition of phenomenological psychopathology and of contemporary Gestalt Therapy theory applied to clinical practice. Psychopathology is explored from the roots of these traditions and developed towards the edges of a radical relational perspective.

Field Theory and Process of Change

We consider psychopathology as a field phenomenon emerging in the session and aiming towards transformation in the process of therapy. Clinical sufferings and symptoms are expressions of different ways of being absent in the situation. Therapy, consequently, is the art of presence and supports the forces acting in the field and moving towards transformation.

New Directions in Clinical Practice and Social Commitment

This understanding deeply impacts the therapeutic work and opens up new ways of meeting the client and of approaching clinical situations, emerging feelings and the therapist's interventions. Since individual suffering is indissolubly entangled with the wider field, the social dimension becomes the necessary ground to understanding the clinical phenomena and, conversely, therapy becomes the crucible to foster the social change.

ONLINE SEMINARS

The online seminars are lectures, followed by discussion in small groups and then by a Q&A (Questions and Answers) session. They critically address the topics from the historical, nosographic and diagnostic perspectives. The phenomenological and Gestalt understanding of every specific suffering is explored. Field theory is the theoretical basis that allows an embedding of the individual suffering into both a biographical and a socio-cultural background. The seminars on the advanced program are led by two trainers in order to enrich the presentation from different perspectives.

Structure of the online seminars:

16:00 - 17:30	Lecture
17:30 - 17:45	Break
17:45 - 18:45	Discussion in small groups
18:45 - 19:00	Break
19:00 - 20:00	Q&A



BASIC PROGRAM:

FOUNDATIONS AND FORMS OF PSYCHOPATHOLOGY

The basic program explores the fundamentals of psychopathology and the specific clinical sufferings. The trainees will learn the foundations of phenomenological-Gestalt psychopathology and the main forms of psychopathological sufferings. Each of these will be explored from different perspectives: history, diagnosis, relational roots and field perspective, guidelines for therapy.

FUNDAMENTS OF PSYCHOPATHOLOGY

May 12th, 2021

PANIC DISORDER

June 3rd, 2021

DEPRESSIVE EXPERIENCES

July 1st, 2021

MANIC EXPERIENCES

Sept. 15th, 2021

OBSESSIVE-COMPULSIVE EXPERIENCES

Oct. 5th, 2021

POST-TRAUMATIC DISORDERS

Oct. 20th, 2021

PHOBIAS

Nov. 18th, 2021

EXPERIENCES OF SCHIZOPHRENIC SPECTRUM

Dec. 14th, 2021

NARCISSISTIC DIMENSION

January 2022

HYSTERICAL DIMENSION

February 2022

BORDERLINE DIMENSION

March 2022

OBSESSIVE COMPULSIVE DIMENSION

April 2022

SCHIZOID DIMENSION

May 2022

PSYCHOPATHIC DIMENSION

June 2022

SUICIDAL CLIENT

June 2022

MEDICATION & CLINICAL COMPLEXITY

July 2022

ADVANCED PROGRAM: INTERACTIONS OF SUFFERINGS, PERSONALITY DIMENSIONS AND CLINICAL COMPLEXITY

The advanced program explores the intersections of the main personality dimensions with specific clinical sufferings (for example the hysterical dimension and psychosomatics, depression, panic disorder, etc.) and some special clinical situations. When meeting the client, indeed, we find a very complex and unique combination of personality styles, symptoms, ways of being and suffering. It is important not only to know the forms of sufferings but also the ways these forms appear in different situations and personalities.

RESIDENTIAL: APPLICATION OF THEORY AND PRACTICE

The residential workshop is an international group, both theoretical and experiential. It is led by the three directors together. The lectures **in the morning** focus on the growing edges of contemporary Gestalt therapy and psychopathology, with the possibility of interventions by other international trainers. **In the afternoon** we form subgroups, each with a different focus: supervision, personal works, or competences and case conceptualisation. The personal resonances related to psychopathology are explored in order to increase the awareness and the ground of the participants. Supervision and discussion of clinical cases are a central part of the methodology, in order to link the theoretical understanding with both personal experiences and professional competences.

The schedule offers the possibility to slow down and pause, to enjoy personal meetings with colleagues from all over the world, to explore the silence and the nature, to appreciate the beauty of the Italian landscapes and cuisine.

From May 1st till May 8th 2022